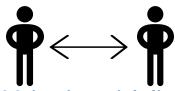




Wash hands often, especially after going out.



Maintain social-distance: at least 6 feet between you and others when you are out.

WHAT YOU CAN DO

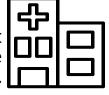
Pick up take-out or go grocery shopping, just DON'T OVERSTOCK.



Go to a doctor's office, urgent care, or hospital for care -- **just be sure to call ahead**.

Take ONLY essential trips.

If you become ill, stay home.





the pharmacy.

Pick up your prescriptions at

Fill your gas tank.

Get outside!

Walk, hike, run--just maintain distance of *at least* 6 feet between you and others.

WHAT YOU CAN'T DO

Leave your home to work -- unless you work in critical infrastructure.

Participate in any **public gatherings**.



e. Go to dine-

Go to the **mall** or **dine-in restaurants**.

Visit someone in a nursing home, hospital, or other residential care facility (with limited exceptions).

Essential businesses should:





Any employee with cold symptoms or underlying health conditions should stay home or work remotely ONLY.



Maintain at least

6 feet between

people.

Do not share space or equipment. If this is not possible, all employees should wash hands before & after









@GeneseeCountyHealthDepartment

For more information visit our website at www.gchd.us/coronavirus and follow us on Facebook! Last updated: 03/26/2020